# Cooperative Parenting Program CERTIFICATE PROGRAM

## Academic Plan as of fall 2015

#### **Program Description:**

Navigate parenting's toughest challenges including divorce and discipline. Specialized training can help you strengthen your family relationships, open channels of communication, and rediscover the positive side of parenting.

Participate in proven conflict resolution activities within a supportive group environment. The course provides practical approaches to help parents work cooperatively to successfully co-parent their children. Class sessions 1 & 8 are mandatory for successful completion of the course. Other mandatory attendance requirements will be covered on the first day of class.

#### **Program Learning Outcomes:**

- Students will be able to reduce conflict between parents
- Students will be able to apply and increase positive interaction through effective nonconfrontational communication skills
- Students will be able to implement conflict resolution skills and increasing compliance with parenting plan agreements
- Students will be able to identify the short and long-term consequences for children subject to parental conflict

#### **Program Requirements:**

Students are required to complete the Cooperative Parenting Course to earn .8 CEU. Class session 1 & 8 are required for successful completion of this course. 80% attendance is required.

### **Required Courses:**

• Cooperative Parenting Course